

## BRUNCH

Happily served all day

### Ooey Goey Cinnamon Roll \$8.50

(no soy or nut)  
Melt in your mouth, decadent treats, warm and ready to be devoured.



### Pecan Sticky Bun—DF

Ooey, gooey and so delicious!  
Served warm.  
Add a cup of milk or coffee to complete  
The experience. \$8.50



### Special of the Month.

Looking for something a little different?  
Ask what exciting pairings the chef has created  
\$9.00 to \$11.00.

### Biscuits & Gravy (no egg, soy, nut)

Two buttermilk biscuits covered in  
peppered country gravy. \$8.50  
*Sausage gravy + \$2.00*



### Waffles & Chicken Fingers

Two vegan waffles served with syrup  
and butter and 3 chicken strips—  
golden breaded white meat (no egg,  
dairy or nut). \$9.00



## BREAKFAST SANDWICHES

Happily served all day

### Build Your Own Breakfast Sandwich

\$8.50

1. Plain Bagel, Everything Bagel, or Waffles (vegan)
2. Sausage or Bacon
3. Scrambled Egg Patty (has dairy) & Cheddar Cheese or Swiss Cheese  
*Sub Dairy Free Cheese + \$1.00*
4. and choice of chips or applesauce



### Toasted Bagel & Cream Cheese

\$3.50

(bagel-no dairy, egg, soy, or nut)  
Plain or “Everything” Bagel, toasted—  
please allow an extra 5-8 minutes.  
Comes with cream cheese or butter.  
Optional vegan butter by request.



### Notice to Our Customers

**We are not a fast food restaurant.** Each item is carefully made to meet each person’s unique needs. Please allow at least 15 minutes to receive your order.  
Thank you!

No wheat, rye, barley or their derivatives in this dedicated gluten-free facility.

**Allergens: soy, dairy, eggs, corn, tree nuts and fish are present and used in facility.**

Cross contamination may occur.  
**Please advise us if your allergens are life threatening.**



## Gluten Free Creations Cafe Menu 2019

**Cafés are located inside  
our two bakeries**

10880 N. 32nd St #39 Phoenix, Az  
(about 2 miles north of Shea)  
480-990-2253

7607 E. McDowell Rd. #108,  
Scottsdale, Az 85257  
(SE corner of Miller & McDowell)  
480.990.2253

### Serving Hours

Tuesday—Friday: 9am-3pm  
Saturday 9am to 1pm

Sunday & Monday: Grill is Closed

### Retail Bakery Hours

Tuesday—Friday: 9am-5pm  
Monday & Saturday 9am to 3pm  
Sunday: Closed

*Item availability is subject to change*



**BLT&T (aka Turkey Club)** (no dairy or nut)

\$9.00

Oh baby! Hot bacon, fresh green lettuce, juicy red tomato, mayo, and natural sliced turkey piled high on our toasted Awelicious bread. \*Sub Turkey Bacon + \$2.00 Make it egg free with White Bread and Veganaise + \$1.00



**BBQ Jack** (no dairy, egg or nut ingredients) \*VEGAN

Tangy BBQ covering meaty-textured Jack Fruit on our famous White Bread with Tomatoes, and lettuce.



**Reuben —Corned Beef or Turkey** (no nut)

\$9.00

Thinly-shaved corned beef, sauerkraut, Thousand Island Dressing.( has egg and soybean oil) and melted Swiss cheese. Panini pressed



**Tuna Sandwich** (no dairy or nut)

\$9.00

for Tuna Melt add \$1.00 cheese

Awelicious Bread with lettuce, tomato, onion, mayo, special seasoning, and tuna.

Make it egg free with White bread and Veganaise (has soy) + 1.00



## Lunch

All served with chips or applesauce

**Black Bean or Beyond Burger** \*VEGAN

\$9.00

(no dairy, egg, corn, or nut) Black Bean Burger made with quinoa And Beyond Burger is plant-based pea Protein. Either one served on Awelicious Bun, plain bagel or White bun (vegan) with tomato, lettuce, red onion and mustard. Avocado Spread +1.50



**All American Burger** (no dairy, soy, or nut in bun)

\$9.00

Angus beef patty with lettuce, tomato, and red onion on our Awelicious Bun. \*Featured: extra beef patty and cheddar cheese. Make it egg free with our White Bun and dairy free with Daiya cheese +1.00



**Chicken Fingers** (no egg, dairy or nut)

\$9.00

Four golden breaded white meat tenders with your choice of dips: ketchup, Ranch Dressing (contains dairy and egg), or mustard



**Melted Cheese Toastie** (no nut)

\$6.00

Warm, gooey cheddar cheese slowly melted on toasty Awelicious Bread.

Make it egg free with White Bread & dairy free with Daiya vegan cheese +\$1.00



**All American Hot Dog**

\$6.00

Angus Beef with no nitrates Or fillers. Deliciously prepared With your choice of ketchup, Mustard or mayo. Add Sauerkraut if you like.



### Favorite sides or Add ins

- Pork Bacon \$3.00 for 2 pieces
- Turkey Bacon \$3.00 for 2 pieces
- Beef Patty \$3.00
- Cheddar / Swiss \$1.00
- Cream Cheese \$ 1.00
- Daiya Vegan Cheese \$2.00
- Avocado Spread \$1.50
- Real Maple Syrup \$1.50
- Scrambled Egg Patty, one (1) \$3.00

### Beverages

Made-to-order gourmet or standard coffees, lattes, tea, juice, Milk and sodas

**Serving Hours: March 1 until September**  
Tuesday—Friday 9am to 3pm Sat 9am-1pm  
**Food is not served on Mondays.**  
Sunday locations are closed.