

# GFC New Summer Menu features Crepes

*We fold 'em or roll 'em then plate 'em for you. So good you'll enjoy them all summer thru.*



## **Caramelized Apple compote**

folded in 2 delicate crepes, topped with walnuts, gently melted Brie and touch of Maple Balsamic Vinegar. *Filling without Brie has no egg or dairy. Served lightly warmed.*



## **Perfect Peach & Mango compote**

atop crepes (2), finished with gingered peaches pecans and whipped cream. Or a dollop of no dairy or egg whipped cream (soy)  
*Filling has no egg or dairy. Served warm or cold.*



## **Fluffy Scrambled Eggs and Bell Peppers**

wrapped creperitto-style (2) with 3 pieces of crispy bacon.  
*Filling has no dairy. Served warm.*



**Chicken ala Crepes** (2) are layered with a creamy (df) sauce, chicken and vegetables (corn, peas & green beans)



## **Traditional Basic Crepes** (3)

are plated with butter or vegan spread, syrup, a dusting of powdered sugar and strawberry balsamic vinegar for a perfect finishing touch. Served with applesauce.

**Gluten-Free Creations** crepes are lovingly & individually made by hand for you to enjoy in house. They are not available for retail.

**Our Traditional Crepes** contain both egg and dairy. Free of corn, soy, nut and yeast

**Our NOED crepes (no egg and no dairy) (vegan)** are made with gf oats, almonds, coconut and buckwheat flour. Also free of corn, soy, and yeast.

Add ons: Maple Syrup, Nutella (dairy), Pecans, chocolate chips (df) Sausage patty, cheese or 2 pieces bacon

## **Additional Summer Menu Options**

- **Waffles** – see our Waffle Fest flier
- **All American Burger** w/1 slice cheese
- **Reuben Sandwich on Mock Rye**
- **BLT&T**
- **Breakfast Sandwich** on Bagel
- **Warmed Cinnamon Roll**
- **Warmed Pecan Sticky Bun** df
- **Biscuits & Gravy**
- **Tuna Sandwich**
- **Beyond Burger, Vegan**
- **Sloppy Jack(fruit) Sandwich**
- **Grilled Cheese**(4 slices)
- **Bagel with Cream Cheese**

Remember your frequent Meal Buyer Card



## **Serving hours:**

**Tuesday thru Friday** 9am to 3pm. **Saturdays** 9am to 2pm.

**Retail hours: Monday and Saturdays** 9am to 3pm.

**Tuesday thru Friday** 9am to 5pm.

## **Gluten Free Creation locations:**

**South Scottsdale:** 7607 E. McDowell Road,

480.990.2253

[www.gfcbakery.com](http://www.gfcbakery.com)

**North Phoenix:** 10880 N. 32<sup>nd</sup> St., 602.680.7258

**Note: Menu items are always subject to change. Our locations are 100% gluten and wheat free.** Consequently outside food is not allowed for the protection of our customers.

Food allergens (aside from wheat/gluten) are present in our facilities and **cross contact may.**