

## BRUNCH (Served all day!)

### Silver Dollar Pancakes

5 pancakes in each serving.  
Choose from the following flavors:

- Blueberry \***VEGAN**
- Red Velvet



\$7.00

### Build your own Breakfast Sandwich

\$7.00

1. Choose your bread: Bagel, English Muffin, Cinnamon Sugar Donut or Toast,
2. Choose your meat: Ham, Sausage or Bacon.
3. Comes with Egg and Cheese
4. Enjoy

\*Turkey Bacon or Turkey Sausage Available

### Continental Breakfast

\$7.00

Bowl of cereal (rice chex or corn puffs) served with fruit cocktail, 2 slices of toast, your choice of condiments: butter, almond butter, jams, jellies, cream cheese, soda, water or coffee included.

### Two have it all Breakfast!

\$8.00

2 Eggs scrambled, 2 slices of bacon, 2 sausage patties, 2 slices of toast.

\*Turkey Bacon & Turkey Sausage Available

### Organic Yogurt Parfait

\$5.00

Organic plain yogurt layered with frozen mixed berries, and topped with organic granola.

### Biscuits and Gravy

\$7.00

Two buttermilk biscuits served with peppered country gravy.

### Ooey Goey Goodness

\$7.00

Melt in your mouth, delicious cinnamon roll, warm and ready to be devoured.



#### ADD ON ITEMS:

- Side Scrambled Eggs \$2.50
- Vegan Cheese \$1.00
- Side Sausage (Pork or Turkey) \$2.00
- Avocado Spread \$1.00
- Add/Side Bacon (Pork or Turkey) \$1.00

## Specialty Items (Subject to change)

### Falafel Burger Sliders (2 sliders)

(no, corn, soy, or nut ingredients)  
Baked Falafel, sliced tomato, cucumber and house made tzatziki sauce sandwiched between Mini Awelicious Ham-burger Buns served with mixed organic green leaves, sliced onion, feta cheese and balsamic dressing. \$9.00



More specialty items coming soon!

### Beverages

- Americano Coffee \$2.50
- Espresso \$2.50
- Lattes (Iced or Hot) \$3.25
- Hot Tea \$2.50
- Iced Tea (Free Refills) \$3.00
- Lemonade (Free Refills) \$3.00
- Can of Soda \$1.50
- Bottle Water \$1.50

Add mixed berries to tea or lemonade \$0.50

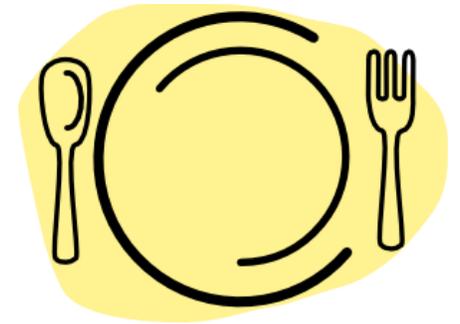
Add flavor shot to any drink \$0.50

To our diners: Each item is made to order with the greatest of care depending on each person's unique needs and desires. Please allow 10-15 minutes to receive your order. Thank you!

No wheat, rye, barley or their derivatives are in facility. **Allergens: Soy, dairy, eggs, corn, nuts, peanuts are present and used in facility.** Cross contamination may occur. Please advise us if your allergens are life threatening.



# MENU



GFC Cafette and Pastry Shop  
7607 E. McDowell Rd. #108  
Scottsdale, A.Z.

(SE corner of Miller and McDowell)

### Serving Hours

Tuesday - Friday 9 AM - 4 PM  
Saturday & Monday 10 AM - 2 PM  
Retail hours extend 1 hour beyond serving hours

*Items availability subject to change without notice.*



Follow us [www.facebook.com/glutenfreecreations](http://www.facebook.com/glutenfreecreations)  
For all the latest specials and menu changes

# Meals *All sandwiches, burgers & classics are served with your choice of side*

*Meals are on recommended breads, but you may have your choice of bread.*

Artichoke Heart Salad, Fruit Cocktail, or Pop Chips; (Original Or BBQ Flavor)

## SANDWICHES, BURGERS & CLASSICS

**Reuben,** \$8.00

**Corned Beef Or Turkey**(no nut or soy)  
Our most popular sandwich. Lean, hearty corned beef, zesty Sauerkraut, sweet and tangy Thousand Island dressing and melted Swiss cheese. Panini pressed on our famous Mock Rye bread served with dill pickle chips.

**BLT&T (aka Turkey Club)** \$8.00

(no dairy or nut ) Oh baby! Hot bacon, fresh green lettuce, juicy red tomato, mayo, and all natural sliced turkey piled high on our toasted Awelicious bread.



\*Turkey Bacon Available

**All American Burger** (no dairy nut or soy) \$8.00

Angus beef patty with lettuce, tomato and sliced onion on an Awelicious Bun

**Tuna Salad Sandwich** (no dairy ) \$8.00

Our Toasted Nutty Whole Grain with lettuce, tomato, onion, mayo, deli mustard, special seasoning and albacore tuna served With dill pickle chips.

**Hot Dog, Hot Dog, Hot Diggity Dog!** \$5.00

All beef frank or veggie dog in our soft, warm hot dog bun. Served plain or topped how you'd like, you decide!

**\*VEGAN AVAILABLE**  
**+\$1.00**



**Ham & Cheese** ( no nut or soy) \$8.00

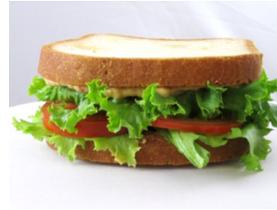
Black Forest ham, your choice of Cheddar or Swiss cheese, lettuce, tomato and deli mustard served on our toasted Honey Oat Bread. Served with dill pickle chips/

**\*OR Forget the Veggies and Have it Melted!**

**TLC** (no dairy, egg, or nut ) \$8.00

Thick sliced juicy red tomato, crisp green lettuce and lightly seasoned cold cucumber slices with red bell pepper hummus on our White Bread.

**\*VEGAN**



**Monte Cristo Framboise** \$8.00

( no nut or soy) Hot savory Black Forest Ham, oven roasted turkey breast, melted Swiss cheese, and sweet raspberry jam, Panini pressed on Baked French Toast on our Awelicious Bread.

**Vegetable Sub** ( no dairy, egg, or nut) \$8.00

Crisp green lettuce, tomato, onions, cucumber, Kalamata black olives, bell pepper slices and Italian dressing all on our Herb Baguette.

**\*VEGAN**

**Honey Mustard Apricot Chicken Salad** \$8.00

(no dairy or nut) Tender chicken, dried apricots, chopped red onion, celery, and apples, poppyseeds, organic honey, spicy brown mustard and mayo mixed together and sandwiched between crisp green lettuce. Served on slightly toasted Honey Oat Bread.



**Chicken Breast Sandwich** \$8.00

(no dairy or nut) Hot, juicy chicken breast with crisp green lettuce, tomato, onion and mayo on our Awelicious Hamburger Bun served with dill pickle chips.

**PB&J** \$5.00

A childhood favorite, delicious at any age, toasted, buttery Sandwich Bread smothered in all natural creamy peanut butter and your choice of grape or strawberry jelly.

**Melted Cheese Toastie** \$5.00

**(aka Grilled Cheese)**  
Four slices of cheddar cheese slowly melted on our buttery Sandwich Bread. A warm gooey and delicious classic.

**\*DAIRY FREE AVAILABLE +\$1.00**

## FLATBREAD SANDWICHES

**Raspberry Vinaigrette Grilled Chicken** \$9.00

A sweet and savory mix of raspberry vinaigrette and balsamic vinegar, grilled chicken and crisp bacon, organic mixed greens, on our Flatbread A Sheer Delight! \*Turkey Bacon Available

**Creamy Marinara Italiano** \$9.00  
**“you’ll like-ah da sauce”**

Smoked ham, salami and slices of Kalamata olives, organic lettuce with a house made secret creamy marinara sauce on our Flatbread.

## SOUP & ORGANIC SALADS

Add chicken or Tuna \$2.00

**Asian Almond Salad** (no dairy, egg or corn) \$9.00

Slivered almonds, carrots, sesame seeds, bell pepper slices and juicy mandarin oranges all on a bed of organic mixed greens served with house made sweet & savory ginger dressing. Upon request enjoy two Panini pressed crostinis with this salad.\***VEGAN**

**Greek Salad** (no egg, soy or corn) \$9.00

Organic mixed greens, black olives, feta cheese, cucumber and slices of red onion served with a house made oregano balsamic vinegar and oil dressing. Upon request enjoy two Panini pressed crostinis with this salad



**Garden Side Salad** (no dairy, egg, soy or corn) \$5.00

Organic mixed greens, chopped tomato, and cucumber slices garnished with red onion and served with your choice of dressing. **\*VEGAN**

## Soup De Jour

Demitasse \$1.50

Cup: \$3.00

Bowl: \$6.00