Gluten Free Creations Bakery & Cafe
North Phoenix Location

10880 N. 32nd Suite #39 Phoenix
1½ blocks north of Shea on West side
602.680.7258

Menu

Cafe Hours: Tues thru Fri 10 – 4; Saturday 10 – 2
Retail Hours: Tues thru Fri 9 - 5; Sat & Mon 10 - 3

Lighter Bites

Plain Bagel & Cream Cheese – **Plain Bagel** with cream cheese, butter or jelly, for here or to go. $3.50. Other type of bagel, add $1

Breakfast Sandwich- Bacon, egg patty (soy), slice of cheese, on Plain Bagel or choice of bread listed below $7.00

Sandwiches & Burgers w/chips **$8.00**

Napa Valley Chicken Salad Sandwich - All white meat chicken blended with apples, celery, cranberries & mayonnaise (has soy & eggs) on our toasted Awelicious bread w/lettuce and cheese

Turkey Bliss Hand sliced all natural turkey breast with cranberries, cream cheese, fresh tomatoes, and lettuce on Seeded Multigrain Bread

BLT & T (aka Turkey Club) - Oh, baby! Bacon, fresh green lettuce, juicy red tomato, mayonnaise (has soy & eggs), and all natural sliced turkey breast piled high on lightly toasted Sandwich Bread

Creamy Ranch, Bacon, Swiss, Breaded Chicken Tender The name is a mouthful, and so is the sandwich on our new French Bread.

All American Burger Pure Angus beef burger with lettuce, tomato, Cheddar Cheese on Awelicious Bun. Add on jalapenos or grilled onions

Wild Caught Salmon Burger sustainable wild salmon patty rich with 850mg Omega 3, seasoned w/pure vegetable extracts, topped with lettuce, tomato, mayo, cheese served on Awelicious Hamburger bun.

Veggie Burger A delicious patty (no dairy, egg or soy) made with quinoa, millet, coconut oil, carrots, onion and broccoli served with lettuce, and tomato on White Bread or White Hamburger Bun.

Hot Dog or Grilled Cheddar Cheese Sandwich **$6.00**

Choices:

- **No mayo for you?** Try Earth Balance Buttery Spread (vegan and no soy) or Vegan Mayo (no soy)
- **Cheese:** If meal includes cheese, choose from **Cheddar, Swiss, Provolone** If no cheese listed **add $1/ slice**
- **Burger add-ons:** Dill pickle, ketchup, mustard, or grilled onions
- **Bread:** Most items recommend a bread, or choose from: White (no dairy no egg) * Awelicious (no dairy-has corn/ potato) Seeded Multigrain (no dairy) * Sandwich (has dairy, egg,)

Drinks: Coffee, hot tea, bottled water, soda $1.50
Cold-brewed Iced Tea or Lemonade $3.00
Smoothies: Strawberry, Strawberry & Lemon, $4.50 Protein Shot +$1